



Dear Lord,

Thank you for the incredible gift and blessing of this baby that you fearfully and wonderfully made in my womb.

I ask you Lord, to take from me anxiety, fear and tension, and to cover me in your love and bless this time I am about to spend with my baby, that this process that you miraculously created for the preservation of life will now nourish this baby just as your mother nourished you Lord.

You allowed this baby to grow from my body in pregnancy, Lord please allow this baby to be nourished by my body and by *your* grace. I can do all things through You who strengthen me.

Amen